# Stool Management Kit

# **DIRECTIONS FOR USE**

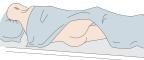
#### READ ALL INSTRUCTIONS CAREFULLY BEFORE USING THE KIT

ATTENTION: This poster provides a quick reference for proper use of Qora<sup>®</sup> SMK. Qora<sup>™</sup> SMKs are indicated for fecal management by diverting and collecting liquid stool to minimize skin contact in bedridden patients. The device is for use in patients 18 years and older only. Please consult product IFU for further information.

# PREPARATION



MATERIALS Set up the Qora<sup>®</sup> Stool Management Kit, lubricant, syringe, gloves, and bag hanger near the patient.



**PATIENT POSITION** Position the patient in left lateral Sims', or a posture where the anal opening is directly accessible.

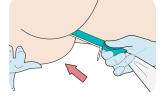


**BAG HANGER** Fix the bag hanger on the side of the bed rail. Ensure it is tightly snapped and the hook is facing outwards. Attach the clamp for easy access.



LUBRICATE Hold the applicator as indicated and apply lubricant generously over the applicator.

#### DEPLOYMENT



**INSERT APPLICATOR** While the white tab is facing the patient's back, insert the applicator into the patient's anal opening **until** the white tab touches the coccyx.

#### MAINTENANCE



#### IRRIGATION

- Flush 30-60ml of saline through the irrigation port using a luer lock syringe. Ensure there are no twists or kinks in the fluid delivery tube.
   Repeat at least once every 4 to 8
- hours or more frequently as needed.

#### FLUID RETENTION PROCEDURES



**REMOVE GREEN SLEEVE** 

Holding the white tab firmly

remove the green part of the

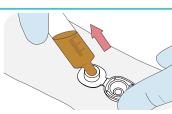
applicator from the patient.

against the patient, gently

#### MILKING

2

- Firmly hold the sheath near the anal canal with one hand.
- Gently divert fecal matter into the bag using other hand.Repeat at least once every 4 to 8
- hours or more frequently as needed.



#### SAMPLING OF STOOL

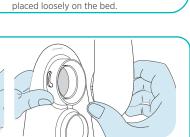
**REMOVE WHITE SLIDER** 

the white slider.

Secure the transit sheath with

one hand and carefully remove

- Milk the transit sheath to collect fecal matter around the sample port.
- Uncap the sample port and aspirate fecal matter using a slip tip syringe.



Open the strap and unroll the device.

Ensure there are no folds or kinks in the

sheath. Carefully mount the bag on the

hanger. Extra slack in the sheath can be

#### BAG EXCHANGE

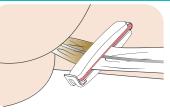
SECURE BAG

4

- Hold the bag and sheath connectors in an upright position.
- Rotate the bag counter-clockwise to disengage from the transit sheath.
- Cap and dispose of the used bag.



 Place the fluid retention clamp on the transit sheath near the anal orifice. Ensure there are no folds or wrinkles in the transit sheath when clamping the device.



- Maintain the patient in Sims' position for retention of small volumes of fluids within the rectum. It is recommended to utilize the Trendelenburg position for retention of large volumes of fluid.
- Detach the fluid retention clamp and milk the transit sheath as needed to drain any residual fluid or fecal matter into the collection bag.

# **DEVICE REMOVAL**



#### PULL WHITE CAP Pull the port marked "PULL TO WITHDRAW"

marked "PULL TO WITHDRAW" towards yourself until the white tether is taut.



WITHDRAW SHEATH Slowly remove the device by holding the transit sheath close to the patient's body.



## **DISPOSE OF DEVICE** Dispose of the used device as per

device as per institutional protocol.

# 

# CONTRAINDICATIONS

The Qora® Stool Management Kits should not be used on individuals who:

- Have suspected or confirmed rectal mucosal impairment or pathology (i.e. severe proctitis, ischemic proctitis, mucosal ulcerations, etc.)
- Have had rectal surgery within the last year
- Have any rectal bleeding or anal injury
- Have hemorrhoids of significant size
- Have a rectal or anal stricture or stenosis
- · Have or suspected to have tumor in the rectum or anal canal
- Have or suspected to have impacted stool
- Have or suspected to have constipation
- Have any indwelling rectal or anal device or delivery mechanism
  in place

• Are known to be sensitive to or allergic to any components within the kit.

### PRECAUTIONS AND OBSERVATIONS

- 1. CAUTION: The United States federal law restricts the sale of this device by or on the order of a licensed physician or a licensed practitioner.
- 2. The device must be inserted immediately after the patient has passed stool or after the rectum is confirmed to be void of stool.
- 3. This device is for single use only and should not be re-used. Once deployed, the inherent design of the device does not allow re-use. Do not attempt to reposition the indwelling diverter using transit sheath or any other section of the device in case of device migration or otherwise. If attempted, device damage and/or patient injury may occur.
- 4. The physician must use their discretion in using the device after having assessed the patient's medical history and size of hemorrhoid(s).
- 5. Caution must be exercised in patients with an inflammatory bowel condition or a previous history of anorectal surgery.
- 6. Care should be exercised while inserting the device in patients who have a tendency to bleed from either anticoagulant/antiplatelet therapies or from an underlying condition/treatment.
- 7. Notify a physician immediately if any of the following occurs:
  - rectal pain
  - rectal bleeding
  - abdominal discomfort
- 8. If a patient appears to be having significant anal discomfort or if bleeding is visualized during the insertion of the device, the insertion procedure should be discontinued and the physician should be notified.

# POSSIBLE ADVERSE EVENTS

As with the use of any rectal device, the following adverse events could occur with the use of this device:

- rectal or anal bleed
- constipation or fecal impaction
- erythema of the rectal mucosa
- perforation of the anorectal region
- skin aggravation, pressure injury due to prolonged contact with rigid portions of the device unless maneuvered regularly

In the event of any adverse events such as those listed above, please notify a physician immediately.



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- 9. The diverter can be flushed using the irrigation port or the sheath can be milked to break down or move fecal discharge in case the device lumen becomes occluded with fecal material. Repeat the irrigation procedure as often as necessary to maintain proper functioning of the device. If repeated flushing with saline does not return the flow of stool through the transit sheath, the device should be inspected to ascertain that there is no external obstruction (i.e. pressure from a body part, a piece of equipment, etc.). If no source of obstruction of the device is detected, use of the device should be discontinued.
- 10. There is an inherent risk in handling fecal discharge and bodily secretions. Adequate precautions, per hospital guidelines, must be exercised while handling the device.
- 11. If the patient's bowel control, consistency, and frequency of stool begins to return to normal/formed stool or the patient becomes ambulatory, discontinue use of the device.
- 12. Some leakage of moisture or fecal discharge may be visible along the periphery of the device in patients with severe diarrhea or if the collection bag is full.
- 13. The patient may involuntarily expel the device if any of the following happens:
  - stool consistency changes to normal/formed stool
  - device lumen gets occluded with fecal material
  - rectum is not void of stool before device deployment
- 14. If any blood is visible along the periphery of the device or any wet redness of stool is observed in the transit sheath or collection bag, discontinue the use of the device and notify the physician.
- 15. Ensure that the fluid retention clamp is detached from the transit sheath after a fluid retention procedure is complete.

# WARNINGS

Qora<sup>®</sup> Stool Management Kit has a luer port with the potential to misconnect with small bore and other connectors from the following healthcare applications:

- Intravenous
- Breathing systems and driving gases
- Urethral/urinary
- Limb cuff inflation
- Neuraxial applications

Manufacturer:



QNQ Design and Development Pvt. Ltd. New Delhi, IN