

SOMACorrect-Peyronie's Correction Manual

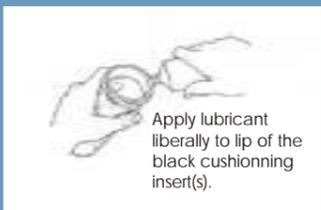


1) Assemble the unit by connecting the Negative Pressure Device to the Negative Pressure Cylinder. It snaps together very easily.



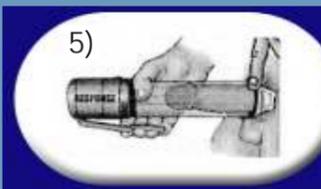
2) Lubricate the inside of the Negative Pressure Cylinder by applying SOMA Lubricant with your finger at a depth of about one inch (2 cm's) inside the cylinder. In order for the penis to slide inside the Negative Pressure Cylinder, it is necessary to apply SOMA Lubricant in the correct manner.

3) Liberally apply SOMA Lubricant to the glans (head) and shaft of the penis and to the abdomen where the cylinder will come into contact with the body. Trim or shave the pubic hair if required to achieve a seal.



4) Apply Soma Lubricant to the end of the Negative Pressure Cylinder as if you are squeezing tooth- paste onto a toothbrush. This is the most important place to put SOMA Lubricant. Do not apply it with your fingers. If you do not use enough lubricant air will leak into the Negative Pressure Cylinder and you will not be able to create

penile engorgement. It is very important to have the Negative Pressure Cylinder air tight against your body. SOMA SUGGESTION: It is a good idea to have a towel nearby so you can wipe your hands prior to continuing with further steps. This will make it easier to hold the equipment.



5) Place your penis inside the Negative Pressure Cylinder and press the open end of the cylinder against your abdomen insuring that it is air tight against your body. SOMA SUGGESTION: As you hold the Negative Pressure Cylinder securely against the body twist the Negative Pressure Cylinder about one inch each

way to ensure an airtight seal. If you have trouble creating a pressure seal, add more SOMA Lubricant to the open end of the Negative Pressure Cylinder, and then repeat the side-to-side twisting motion.

6) The Initial Therapeutic Application:

- Begin with all three Negative Pressure Cylinders (A, B & C) in place providing the smallest open end and greatest resistance to penile bending.
- Slowly begin by activating the Negative Pressure Device lever two to three times. Stop and wait five seconds. Secure scrotal tissue out of the way whilst pumping by pinching from below if necessary with your free hand.
- Continue adding additional pressure by repeating this start and stop cycle of pumping. As you feel pressure increase, you should reduce the number of actions of the Negative Pressure Device lever to only two lever actions and at the same time increase your waiting period to ten seconds. This is important as blood moves more slowly into the penis as you approach full engorgement.
- Continuing to increase negative pressure too much or too quickly can result in mild discomfort which is normal in the first few days of use.
- Experiment with the three Negative Pressure Cylinders sizing options (A, B and C) to find the sizing option combination that will allow the penis to **fully engorge** ie. permitting adequate blood to be pulled into the penile vascular system to stretch the Peyronie's plaque, but not allow the penis to bend.
- Once you begin to feel the penis being pulled tight stop the activation of negative pressure. Hold the erection at this level for a few seconds then release the vacuum pressure by pressing and holding the pressure release button.
- Wait for the pressure to drop then add additional pressure repeating the above steps until you can achieve a fully rigid erection. Some initial discomfort is normal due to the extra tissue stretch.
- Continue this process for 10 to 20 minutes generating as many full erections as possible in this time using the pumping protocol highlighted above. Once you've completed this routine you've finished your session.
- Remove the SOMACorrect Negative Pressure Cylinders, clean them and store your unit. Repeat daily for up to 6 months and beyond (up to 12 months if necessary) if you are achieving positive results.

In some cases, a vacuum induced erection captured with an erection maintenance ring is 'artificially' less curved in light of the extra-corporal filling effect so long as the ring is held in place - call 02082075627 for more info.

Questions and Answers

It is very important that you register your SOMACorrect as soon as possible and call our Technical Support Office on 02082075627, M-F 9am to 6pm should you have any questions or experience any difficulty. Our Technical Support Team includes a team of medically qualified advisors that work with hundreds of patients each month and are a useful resource as you work to resolve your problem with Peyronie's.

HOW MUCH NEGATIVE PRESSURE IS ENOUGH?

ANSWER: Sufficient to generate a fully rigid vacuum induced erection. It can take a few days / weeks of regular initial SOMACorrect application for penile tissue to get used to this extra three dimensional stretch.

WHAT DO I DO IF I CAN NOT GET ADEQUATE NEGATIVE PRESSURE IN THE NEGATIVE PRESSURE CYLINDER?

ANSWER: If you lose negative pressure it may be necessary to either [1] use more SOMA Lubricant, or [2] hold the Negative Pressure Cylinder more firmly against the body, or [3] twist the Negative Pressure Cylinder side-to side about one inch each way or [4] it may be necessary to do all three. You should feel the negative pressure bringing blood into the penis. Remember, in order to achieve full engorgement, there must be an airtight seal at the base of the penis. It may take a couple of attempts to achieve an airtight seal that will cause engorgement and it may be necessary to trim or shave pubic hair.

WHAT DO I DO IF PAIN OR DISCOMFORT IS EXPERIENCED?

ANSWER: Reduce the amount of negative pressure. Check the Negative Pressure Cylinder to see if scrotal tissue has entered the cylinder. This can occur if [1] too large of a negative pressure cylinder is being used, or [2] the Negative Pressure Cylinder is pulled away from the body, or [3] the Negative Pressure Cylinder is not being held firmly against the body. Secure scrotal tissue out of the way whilst pumping by pinching from below if necessary with your free hand. Review each step in the application (re-read the instruction manual to determine if you have applied SOMACorrect correctly). It can take a few days / weeks of regular initial SOMACorrect application for penile tissue to get used to the extra three dimensional stretch needed to create a fully rigid vacuum induced erection. If pain continues after this initial period (2 to 4 weeks), discontinue use, contact our customer service department at 0208 207 5627 or consult your physician.

Information About SOMACorrect™ Use & Warranty

- If pain occurs even after proper application of SOMACorrect, consult your physician / iMEDicare Helpline and/or discontinue use until advised otherwise.
- Do not use while under the influence of alcohol or drugs.
- Consult your physician if you are undergoing certain anticoagulant therapy.
- Do not use SOMACorrect if you have an open sore or lesion, or any type of sexually transmitted disease.
- Do not use SOMACorrect. if you have Sickle Cell Anaemia, an uncontrolled vascular coagulation disorder or a history of Priapism.
- You should consult with your physician concerning your tolerance to physical exertion during sexual activity.

iMEDicare offers a one-year replacement warranty on the components of your SOMACorrect device when obtained on NHS prescription or by private purchase, should they malfunction due to manufacturer's defect. Damage caused by neglect or improper care is not covered under this warranty. Other accessory parts do not apply. Note that the model 'SOMACorrect Xtra' is warranted for life when purchased privately. iMEDicare must have a product registration form on file prior to warranty approval, so make certain you send us your completed registration form as soon as possible. You will be required to send a check or postal order payable to iMEDicare Ltd in the amount of £3.50 for return postage for the replacement part.

The SOMACorrect Negative Pressure Device (Pump head) and Negative Pressure Cylinders should be thoroughly cleaned after each use. Do not allow water to enter the pump itself, but the pump exterior should be wiped clean to remove any sealing gel. The Negative Pressure Cylinder should be thoroughly washed with mild liquid soap and warm water. Dry the system before storing. iMEDicare hopes that you will be completely satisfied with your SOMACorrect device and will find it a successful solution to your Peyronie's Disease condition. Should you have any questions, suggestions or problems with SOMACorrect please call our office on 0208 207 5627, M-F. 9am to 6pm. website: www.iMEDicare.eu, Address: iMEDicare Ltd, Elstree House, Elstree Way, Borehamwood, HERTS, WD6 1SD.

SOMACorrect™

Peyronie's
Correction Therapy

The Biomechanical Management of Peyronie's Disease

Call 0208 207 5627 for
more information
www.iMEDicare.eu

iMEDicare

